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Screening of the antifungal activity of essential oils against human and plant pathogenic filamentous fungi

Abstract


In this study the antifungal activity of five essential oils (Canarium luzonicum, Cymbopogon martini, Ledum palustre subsp. groenlandicum, Matricaria chamomilla, and Ocimum tenuiflorum) against both clinical (Penicillium chrysogenum, Aspergillus tubingensis, A. minutus) and plant pathogenic filamentous fungi (Verticillium spp., Fusarium oxysporum, Sclerotina sclerotiorum) were evaluated. Minimum Inhibitory Concentrations (MIC) were determined following CLSI M38-A2 recommendations.

All tested essential oils showed antifungal activity. C. martini and O. tenuiflorum essential oils were very effective with MIC range values similar or lower than those of terbinafine. Sclerotinia sclerotiorum (PeruMicA 26) and Verticillium spp. (PeruMicA 24) were the most sensitive strains to essential oils, while A. tubingensis (PeruMicA 21) showed the lowest sensitivity to the essential oils.

Key words: broth microdilution assay, drug resistance, MIC, natural products.

Introduction

There is an increasing consumer demand for natural preservatives to reduce the use of chemical compounds as antimicrobial agents in the field of nutrition and to combat various infections due to increasingly aggressive microorganisms that are resistant to the use of synthetic drugs (Melyssa & al. 2014).

In this context, the use of plant derived substances, such as hydro-alcoholic extracts or essential oils, can certainly play a fundamental role. These substances have an enormous versatility, nowadays the same plant still represents an important pool for the identification of novel drug leads, with a very broad spectrum of action due to their different chemical structure (Atanasov & al. 2015).
One of the major problems of conventional medicine is the current, excessive use of synthetic antimicrobials, resulting in the hypersensitivity and toxicity of the drugs (Etebu & Arikekpar 2016).

Pathogenic fungi can be the cause of fungal infections to which both humans and plants are susceptible, with some synthetic fungicides known to effectively control them. However, the emergence of resistant fungus strains limits the use of synthetic fungicides, with some of the latter possessing considerable toxicity. Moreover, the increased health and environmental hazard linked with synthetic molecules is of growing public concern. One of the most promising natural products for fungal inhibition can be found in essential oils (EOs) (Angelini & al. 2018a). Intense antifungal properties have, in fact, been exhibited in many types of EOs obtained from different plants, bryophytes and fungi (Properzi & al. 2013; Nazzaro & al. 2017; Angelini & al. 2014, 2016, 2017, 2018b; Dey & Mukherjee 2015; Al-Fatimi & al. 2018).

The composition, structure, and functional group of EOs have an important role in determining their biological activities. Their versatile character of antioxidant, antibacterial, antifungal, antidiabetic, antimutagenic and anticancer properties is well documented by many scientists (Angelini & al. 2006; Tirillini & al. 2009; Pagiotti & al. 2012; Properzi & al. 2013; Angelini & al. 2018a).

In particular, the antimicrobial activity of plant oils and extracts has formed the basis of many applications, including raw and processed food preservation, pharmaceuticals, alternative medicine and natural therapies (Hammer & al. 1999). The antimicrobial activity of essential oil might be caused by the properties of terpenes/terpenoids, that due to their highly lipophilic nature and low molecular weight are capable of disrupting the cell membrane, causing cell death or inhibiting the sporulation and germination of fungi.

While some of the EOs used on the basis of their reputed antimicrobial properties have well documented in vitro activity, there are few published data for many others (Tolouee & al. 2010; Mishra & Mishra 2011; Soni & Soni 2014; Zhang & al. 2017). Therefore, the aims of the current investigation were: i) to study the antifungal activity of Canarium luzonicum (Blume) A. Gray (Elemi, Burseraceae), Cymbopogon martini (Roxb.) W.Watson (Palmarosa, Poaceae), Ledum palustre subsp. groenlandicum (Oeder) Hultén (Ledum, Ericaceae), Matricaria chamomilla L. (Italian Camomilla, Lamiaceae) and Ocimum tenuiflorum L. (Tulsi, Lamiaceae) EOs against human and pathogenic filamentous fungi; ii) to verify the activity of the above-mentioned EOs against some fungal species resistant to common synthetic drugs.

Materials and Methods

Essential oils

The EOs used in this study were obtained from C. luzonicum, C. martini, L. palustre subsp. groenlandicum, M. chamomilla and O. tenuiflorum. These oils were selected based on a literature survey due to being little known for their antifungal activity and were all bought from local markets.
Fungal strains

In vitro antifungal activity of essential oils was assessed against six clinical [Aspergillus tubingensis (PeruMicA 21), A. minutus (PeruMicA 22), Penicillium chrysogenum (PeruMicA 23)] and plant pathogenic filamentous fungal strains [Verticillium spp. (PeruMicA 24), Fusarium oxysporum (PeruMicA 25), Sclerotina sclerotiorum (PeruMicA 26)].

Two yeast strains, Candida parapsilosis (ATCC 22019) and C. krusei (ATCC 6258), were used as quality controls (CLSI 2008; CLSI 2012; CLSI 2017) for antifungal assays.

Voucher microbial cultures are maintained in the PeruMycA culture collection of the Department of Chemistry, Biology and Biotechnology (DCBB) (University of Perugia, Italy) and are available upon request.

Determination of Minimum Inhibitory Concentration (MIC)

MIC was evaluated using the broth microdilution assay, according to the CLSI M38-A2 protocol (2008). The antifungal drug tested was terbinafine (Sigma-Aldrich, Milan, Italy). The medium used was RPMI (Roswell Park Memorial Institute) 1640 medium (Sigma) with L-glutamine and without sodium bicarbonate, supplemented with 2% glucose (w/v), buffered at pH 7.0 with 0.165 M morpholine propane sulfonic acid (MOPS buffer).

The fungal inoculum suspension was prepared using a spectrophotometer to match the optical density with that of 70% transmittance at a 530 nm wavelength. The final inoculum concentration was from 0.2 to 0.4 × 10^4–5 CFU/ml.

Essential oils had a MIC range of 0.016–16 µg ml⁻¹ and terbinafine (Novartis, Basel, Switzerland) had a MIC range of 0.03–16 µg ml⁻¹. MIC end-points (µg ml⁻¹) were determined after 48 hours (for P. chrysogenum, A. tubingensis, A. minutus, Verticillium spp.) and 72 hours (for F. oxysporum, S. sclerotiorum) of incubation in ambient air at 28-30 °C (CLSI 2008; CLSI 2017).

For all tested EOs, the MIC end-points were defined as the lowest concentration that showed total growth inhibition (Pagiotti & al. 2011). The MIC end-points for terbinafine were defined as the lowest concentration that inhibited 80% of the growth when compared with the growth control (Mota & al. 2009).

Geometric means and MIC ranges were determined from the three biological replicates to allow comparisons between the activities of EOs.

Results and discussion

Recently, the scientific interest into antimicrobial properties of EOs has been increasing. In particular, a large number of papers have been published on the EOs antimicrobial activity, but many of them focused on the activity against bacteria and yeasts while little investigation on the effect of EOs against filamentous fungi has been performed (Angelini & al. 2008, 2009; Khan & al. 2010; Prasad & al. 2010; Jamalian & al. 2012; Nikolić & al. 2016; Zhang & al. 2017). EOs from C. luzonicum, C. martinii, L. palustre subsp. groenlandicum, M. chamomilla and, O. tenuiflorum have been used for their medicinal properties for centuries; they
Table 1. Minimum inhibitory concentrations (MICs) of essential oils and terbinafine against clinical and plant pathogenic filamentous fungi.

<table>
<thead>
<tr>
<th>Fungal strains</th>
<th>Essential oils</th>
<th>C. luzonicum</th>
<th>C. martini</th>
<th>L. palustre subsp. groenlandicum</th>
<th>M. chamomilla</th>
<th>O. tenuiflorum</th>
<th>Terbinafine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspergillus tubingensis</td>
<td>12.7 (8.0-16.0)</td>
<td>2.52 (2.0-4.0)</td>
<td>10.07 (8.0-16.0)</td>
<td>12.7 (8.0-16.0)</td>
<td>5.04 (4.0-8.0)</td>
<td>10.07 (8 - 16)</td>
<td></td>
</tr>
<tr>
<td>Aspergillus minutus</td>
<td>3.17 (2.0-8.0)</td>
<td>0.79 (0.5-1.0)</td>
<td>1.6 (1.0-4.0)</td>
<td>5.04 (4.0-8.0)</td>
<td>2 (1.0-4.0)</td>
<td>1.25 (0.5 - 2)</td>
<td></td>
</tr>
<tr>
<td>Penicillium chrysogenum</td>
<td>2.52 (2.0-4.0)</td>
<td>0.25 (0.25-1.0)</td>
<td>0.79 (0.5-1.0)</td>
<td>4 (2.0-8.0)</td>
<td>0.4 (0.25-0.5)</td>
<td>0.62 (0.5 - 1)</td>
<td></td>
</tr>
<tr>
<td>Verticillium spp.</td>
<td>0.79 (0.5-1.0)</td>
<td>0.4 (0.25-0.5)</td>
<td>0.63 (0.5-1.0)</td>
<td>1.59 (1.0-2.0)</td>
<td>0.25 (0.125-0.5)</td>
<td>0.2 (0.12 - 0.25)</td>
<td></td>
</tr>
<tr>
<td>Fusarium oxysporum</td>
<td>3.17 (2.0-4.0)</td>
<td>0.63 (0.5-1)</td>
<td>1.0 (0.5-2.0)</td>
<td>3.17 (2.0-4.0)</td>
<td>0.4 (0.25-0.5)</td>
<td>0.63 (0.5 - 1)</td>
<td></td>
</tr>
<tr>
<td>Sclerotinia sclerotiorum</td>
<td>0.5 (0.25-1.0)</td>
<td>0.2 (0.125-0.25)</td>
<td>0.63 (0.5-1.0)</td>
<td>1.59 (1.0-2.0)</td>
<td>0.25 (0.125-0.5)</td>
<td>0.39 (0.25 - 0.5)</td>
<td></td>
</tr>
</tbody>
</table>

1MIC values are reported as geometric means of three independent replicates (n=3); MIC range concentrations are reported within brackets.
possess antibacterial, antifungal, antioxidant, and anti-inflammatory properties (Harris 2010; Mogana & al. 2011; Singh & al. 2011; Raut & Karuppayil 2014; Yamani & al. 2016).

In the present study, the antifungal activity of these five EOs against both clinical and plant pathogenic filamentous fungi were evaluated by CLSI document M38-A2 (2008).

**Antifungal activity of essential oils**

Table 1 shows the MIC ranges and geometric means of EOs and terbinafine against the fungal species which has been tested. The MIC values of quality control strains that were reproducible, fell within the established ranges published by CLSI protocol (2008). All tested EOs with concentrations ranging from 16-0.16 showed antifungal activity (Table 1). *C. martini* and *O. tenuiflorum* essential oils, were extremely effective on all tested fungi, with MIC range values similar or lower than those of terbinafine (0.2-2.52 µl ml⁻¹ and 0.25-5.04 µl ml⁻¹ respectively), while *C. luzonicum* and *M. chamomilla* EOs exhibited a lower level of inhibition. The *S. sclerotiorum* and *V. spp.* strains tested demonstrated the most sensitive fungal species to essential oils, with MIC ranges of 0.125-2 µg ml⁻¹, while *A. tubingensis* strain revealed the least sensitivity to the essential oils (MIC ranges: 2.52-12.7 µg ml⁻¹). Plant pathogens fungal strains were much more sensitive to terbinafine and essential oils than clinical strains (Table 1).

Terbinafine showed good activity *in vitro* against *Verticillium* spp. (MIC: 0.2 µg ml⁻¹), *S. sclerotiorum* (MIC: 0.39 µg ml⁻¹), *P. chrysogenum* (MIC: 0.62 µg ml⁻¹), *F. oxysporum* (MIC range: 0.63 µg ml⁻¹) while, *A. minutus* and *A. tubingensis* strains were less sensitive to this allylamine-antifungal drug, with a geometric MIC of 1.25- and 10 µg ml⁻¹, respectively. Currently, clinically relevant breakpoints for terbinafine are not available. However, since for Ryder & al. (1998) breakpoint of> 8 µg / ml was taken to indicate *in vitro* terbinafine resistance, *A. tubingensis* may be considered a fungal isolate terbinafine resistant. *A. tubingensis* and *A. minutus* strains are also reported as amphotericin- and itraconazole-resistant (Pagiotti & al. 2018).

**Conclusions**

This study provides a range of information about the antifungal activity of EOs of *C. luzonicum, C. martini, L. palustre* subsp. *groenlandicum, M. chamomilla* and, *O. tenuiflorum*. It is difficult to compare antifungal activity results from different studies because of the different extraction methods, test organisms and test systems used. Of the five EOs studied, *C. luzonicum* and *C. martini* were highly effective against all fungal strains tested, showing two promising sources in the search for new antifungal drugs. Moreover, most EOs are safe and free of adverse side effects when used properly.

The most important safety factor for EOs is their dosage (Edris 2007). Specific pharmacological approaches will be needed in future to validate its use as a phytotherapeutic product.

**References**


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